

NEWSLETTER SUMMER 2024











Yep! Winners of prestigious National Award



We are immensely proud to announce Yep! has won the national "Social Mobility Quality Improvement Initiative of the Year" within this year's Quality Professionals Awards.

The awards honour outstanding contributions made by quality improvement practitioners and leaders in further education and employability. It celebrates individuals and teams whose unwavering commitment to quality and compliance has made a significant impact.

CSW were presented the award by Emma
Cook FIEP, Managing Director of Cognisoft,
the social mobility category sponsor. A
proud moment as CSW Group are
Cognisoft's oldest partner of 27 years.

This project is part-funded by the UK Government through the UK Shared Prosperity Fund. Cornwall Council has been chosen by Government as a Lead Authority for the fund and is responsible for monitoring the progress of projects funded through the UK Shared Prosperity Fund in Cornwall and the Isles of Scilly

Yep! Partners























A young person, parent or professional supporting a young person can make a referral to Yep! via our website. (Please ensure you have the young person's permission before making a referral on their behalf.)

Find out more and make a referral at https://cswgroup.co.uk/home/young-people/yep/







CSW Group manage Yep! on behalf of Cornwall Council who are the Lead Authority



Active Plus delivers a series of confidence, motivation and resilience courses for Young People across Cornwall and Isles of Scilly. The courses are led by our experienced team of military veterans as they support the young people to overcome barriers, embrace change and develop self-belief.

Collaborating with partners on Yep! to deliver Confidence & Motivation Course across the partnership gives young people a great start on the project



How did you feel before coming to the course? Do you feel differently now?

"I feel more comfortable with the group" "Was a bit nervous with new tutors but the activities and questions were able to make me enjoy it"

"I feel more confident because I got used to the group and as a group, we discovered different methods to solve problems" "I feel more confident talking to others in the group" "I just feel more confident"



One word to describe the session . . .

Feedback >>>

Insightful

Teamwork

Enlightening

Enjoyable
Fantastic Fun
Different

Beneficial



- Unemployed
- ✓ Live in Cornwall or Isles of Scilly?
- ✓ Aged 16-24

Gain your Functional Skills in Maths and English NOW!

Locations of Support	North Cornwall	East Cornwall	Mid Cornwall	West Cornwall	Sessions
Venue	Launceston Seetec Pluss, 2-4 Church St, Launceston PL15 8AP	Liskeard Library, Barras St, Liskeard PL14 6AB	Truro County Hall, 2-4 Church St, Launceston PL15 8AP	Carn Brea Leisure Centre, Station Rd, Pool, Redruth TR15 3QS	weekly u the end Octob
Date	Friday, (Starting 2nd August)	Tuesday, (Starting 6th August)	Tuesday, (Starting 6th August)	Thursday (Starting 22nd August)	with Exa in Noven 2024
Time	9:30am-12:00pm	1:00-3:30pm	9:00am-11:30pm	1:00-3:30pm	202

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Good News Story

Argyle Community Trust (ACT), Active Plus and the Cornwall Educational Business Partnership (EBP) teams, all partners on Yep! have joined forces to provide an impactful 5week employability programme in Launceston and Liskeard.

Over the 5 weeks, each cohort met twice a week and covered a range of different workshops and teamwork activities that will support them into education, employment or training.

Within the 5 weeks, Active Plus delivered 4 workshops that focused on building selfconfidence and resilience. This included teamwork activities and developing communication skills. Each week confidence grew and young people overcame personal challenges.



For example at the end the Liskeard Cohort each young person participated in giving a presentation sharing the impact of the sessions to ACT staff and the mayor of Liskeard who presented them all with their certificates.

Feedback about Active Plus sessions

"The course was insightful and useful, particularly as the instructors gave us everything we needed, but didn't baby us and forced us to think thoroughly."

"I felt a lot better coming to this course, I'm starting to get on the right path in life."



Yep! collaboration at its best, working together to achieve the best outcomes for young people.

ACT's workshops covered employability skills including: enterprise workshops, first aid awareness, CV/job application support and volunteering/work experience opportunities within the local community.

ACT also provided a Level 1 qualification and assistance to gain Basic Skills qualifications if needed.

"It is great to gain new skills in a safe space where you can be who you want to be and meet new people"



EBP brought their experience with employers for interview preparation and mock interviews; which most young people dread the most. They were part of the mock interview panel

"I was really nervous about interviews but after my mock interview with Jo and Jane from EBP, I feel much less scared!"



At the end of the 5 weeks any young people needing support to be work ready worked with EBP who offered them 1:1 mentoring and explored career routes towards their goals.



All of the young people who are on the Yep! project with Carefree have access to the wide variety of exciting youth work activities on offer.

We were very lucky in gaining some tickets through Awena Virtual School and a group of young people went to the Fowey Festival to see Lemn Sissay performing poems from his book 'Let the Light Pour In'. We had a wonderful afternoon in the company of this brilliantly funny, entertaining and inspirational poet and care leaver.



Our Explore Cornwall Group have improved their confidence in using public transport to visit English Heritage sites across Cornwall. These have included Treffry Viaduct, Castle an Dinas, Sancreed Beacon and more. They were inspired to complete an accreditation during the group about the Bronze Age.

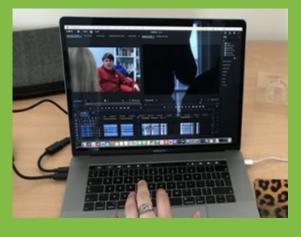






We entered a Separated Children Seeking Asylum football team in the Plymouth Hope Festival on 15th June. This a large multicultural event bringing together different communities to celebrate diversity and togetherness. The team trained hard at weekly sessions with their female coach. They performed well and had lots of fun.





Housing is a particular challenge for Care Leavers. This was highlighted at the young people takeover of the Corporate Parenting Board. A Carefree young people campaigning group is producing an educational film explaining the housing options young people have when they leave care. The young people discussed the challenges care leavers face at 18, the different housing journeys open to them, and their own successful outcomes. All the filming is complete and the exciting and painstaking task of editing the material recorded into a short, sharp educational film is under way.

Our Yep! team are investigating linking with the John Lewis Partnership on their Building Happier Futures and Community Matters Initiative. We are also planning a joint venture with the NHS Universal Families project which aims to increase the number of care experienced young people working in the NHS through a fun simulation day at Treliske Hospital. Watch this space. So much going on!



Good News Stories



Jimmy has participated in a number of Carefree activities over the years. He decided to get involved with Yep! to access support with job search and to help further develop his skills. He met regularly with his Key worker who helped him to understand what opportunities were available to him and also updated his CV and signed up with various job search sites.

Jimmy also took part in various groups including participation groups and campaigns and was particularly vocal in Carefree's recent Housing Campaign which saw care leavers being granted a higher banding on Homechoice. He has also gained work experience by being part of the interview panel for Awena, the virtual school, when they were recruiting a Deputy Head, he has also delivered training to Foster Carers.

Jimmy is currently taking part in a filming group making a short, sharp educational film highlighting the housing challenges and opportunities faced by Careleavers. Jimmy has felt confident enough to go in front of the camera

for this project and has been a valuable and reliable member of the group. In addition to his great work within Carefree Jimmy has also recently secured a summer job at Flambards and is excited to be getting back into the world of work.

"My general confidence and mental health have improved, and I have made some good friends from coming to the groups" Jimmy

Carefree have supported a young person on Yep! who was isolated, rarely engaged with professionals but wanted to feel less isolated and have friends. Through their care and understanding this young person has taken part in many events and trips. From being quiet and reserved they have grown in confidence in groups and are using public transport. They are now exploring work experience opportunities.

'I really enjoyed the theatre trip. I like the Explore Cornwall Group. At first I was a bit nervous but I have settled in now'.

Anonymous

Carefree are supporting a young parent of 2 pre-school children on Yep! and a previous project.

At just 19 they are determined to return to education to become a Nurse with the NHS. They have overcome many barriers including passing their driving test, buying a car and car seats, childcare, and now have an interview for a college course at Truro & Penwith College.

They have also enjoyed exploring
Cornwall with their children including
many beach trips with the independence
of a car.



Collaboration is Key!

At EBP, collaboration is our middle name (well the P is for partnership, which is pretty close!) We recently hosted a successful "collab-session" with colleagues from CSW, fostering strong links and improving our partnership within the network. We'd love to invite other Yep! partners to join us for future sessions!

Best Buddies on the Road to Success!

Two Yep! participants, championed by Youth Engagement Officer Julie, are soaring towards their goals. The two friends were initially drawn to animal welfare but their exploration on Yep! led them to discover a wider range of talents



and interests. Julie supported them to study for their GCSEs online and next is to help them secure summer jobs to build their confidence and experience. With Julie's continued support, one will be applying for a playcentre role, while the other will be gaining valuable work experience caring for young children. These are just the first chapters in their exciting career stories!



Eco Park Welcomes New Young Team Member!

A young person struggling to find their place in the world of work has found a great match through Yep! After identifying their interest in outdoor work, we connected them with the Eco Park at Mount Hawke, providing support with interview skills and secured an ideal position as a general site maintenance worker. The young person impressed during the trial shift and was offered two initial days a week, with the potential for more.

Building Bridges to Opportunity & Expanding Our Network

Our YEOs, Tim, Jo, and Catherine, are actively connecting with employers to create opportunities for young people on the Yep! Tim recently secured an interview with Passmore Cleaning in Falmouth for one young person and Julie is now supporting the applicant to ensure they make a great impression. We're building a strong network of receptive employers and would love your help to connect with those in your network as well.

We're thrilled to welcome
Catherine Andrews to our team,
our newest Youth Employment
Officer. Cat brings a wealth of
experience supporting students
with work experience and
careers advice, having worked
for many years at Truro and
Penwith College liaising with
employers and young people



Diversity to Thrive Business Breakfast at The Headland



EBP invited over forty guests to join us at The Headland Hotel in Newquay – many of you will already know they are a big supporter of inclusive hiring there, and this event was all about inspiring other businesses to do the same by showcasing the amazing potential of young people with SEND.

The Headland's Director, Veryan Palmer, shared the platform with one of their star employees. Remember Ethan? He was the young man who shone in Simon Reeve's Cornwall documentary! Ethan had everyone captivated with his story of how he landed his role at The Headland and what a difference it's made in his life. Veryan described what Ethan and other young people with SEND have brought to their business, including a

greater number of guests with children that have SEND. How fab to see themselves represented in this amazing workplace. Thanks also to Anne-Marie at Cornwall College who brought along Adam to tell us about his steps into employment with Cooperative; and to Amelia from Newquay Orchard who brought along three of their brilliant young interns and gave us a glimpse into their supported internship



program. Dana and Kian from Work Your Way rounded out the inspiring talks. Kian is nearing the end of his supported internship and shared the wonderful journey he's been on. He will be next be joining Yep! to support him move on to the next stage of his career. The audience left the event buzzing! Everyone was struck by the young people's commitment and ambition. The best part? The event opened doors to some great new opportunities for talented young people with SEND - a win-win for one and all!

at Royal Cornwall Show
The EBP team joined forces
with colleagues from
Sustainable Food Cornwall on
a stand at the Royal Cornwall
Show. We spent three
productive days connecting
with businesses and
community members, raising
awareness of Yep!





Good News Stories

Chloe now feels work ready having finished college, with the support she received from her CSW Key Worker Olivia and the group course from Active Plus – Confidence & Motivation.

It is daunting finishing college and not knowing how to progress into work, but Yep! is here to walk you through it.

"I've found Yep! really useful and helpful to have a starting place for the world of

employment" Chloe





"The Active Plus course
- loved it! I loved being
able to do different
team building games,
just really enjoyed the
whole experience and
felt a sense of
achievement. If I could
do it again, I would - it
was so good!"

Will learnt about the Yep! project through college. As a Year 13 student he had no firm plans and was struggling in education but did have an aspiration of working for Great Western Railway.

He has been supported on Yep! by his CSW Group Key Worker Olivia. She has given him 1:1 support to improve his CV, look at courses, apprenticeship opportunities, potential routes into working at GWR and job search skills.

Through Yep! he also benefited from the Active Plus, Confidence and Motivation course which he really enjoyed. This helped him to build his confidence, motivation, and communication skills.

He is still in education and has a newfound love of learning and now feels he is on the road to achieving his goals and feels positive and enthusiastic about the future. Will would highly recommend Yep! to others.

Feedback >>>

'I have liked all the sessions - as it gives me the help I need with jobs and interviews - there is nothing I dislike about the sessions with Kerry. I feel that it is the right level of support and I wish that I met Kerry earlier as I wasn't in a good place before and would have benefited from support earlier.' H

'Every week has been really great, I always take something away from it, it's never a chore, Chris is easy to talk to, he might cover things from a previous week but then something new. It's all good. When I've been signed up to previous projects, it's been false promises, but I really feel like I'm getting a lot from this project. This project has been different, and I feel like I've gained a lot from it.' T

'I wanted to say "thank you" for all your hard work in engaging C in Reachout and the other projects you spoke about. It is really good to see that she has some structure to her weeks/life now.'

Jo - Targeted Youth Support Worker - Cornwall Council.



Bodmin College Report on Yep!

Collaboration and its impact in action!

Olivia contacted myself back in February and offered her support through the Yep! Project. I didn't need asking twice! I currently work with students at Bodmin College who need support with securing an apprenticeship or full-time employment. Students enrolled on the





BTEC course develop life and work skills through theory and activities and Oliva was able to enhance our curriculum by offering one to one meetings and whole group projects. To date, Olivia has helped students with obtaining personal identification and opening bank accounts, the first step in being able to apply for a job. She has also arranged for Plymouth Argyle Community Trust to deliver enterprise sessions to our students as well as facilitating valuable CV and interview workshops. Other opportunities arranged have been first aid courses and local employer engagement. One of the biggest successes is the link with Active Plus where students have taken part in a 4 week Confidence and Motivation Course. As their tutor, I have seen how this has really helped their self-confidence and resilience and it's given them so much to talk about in an interview situation. Olivia has made the students feel valued and important and I am delighted that they are working with her. I would like to thank Olivia for everything she has done and I hope we can continue to have her support in the future.

Alison Perrin - WorkSkills Tutor - Bodmin College 6th Form

Yep! flying the flag at Pride events in Newquay and Bude







I joined Educational Development Trust, supporting young people on Yep! just four weeks ago.

I have worked on other similar projects in the past including the JETS programme and Health



Works for Cornwall, supporting people on their journey to employment and wellbeing.

My path into employability was shaped by my experience as a business owner. Unfortunately, like many others, my business ceased trading in the wake of COVID-19. This personal experience gave me a deep understanding of the challenges faced by those who find themselves unemployed or uncertain about their future in Cornwall's already difficult labour market.

Having gone through this myself, I truly understand the struggles and uncertainties people face when trying to navigate the job market. This empathy and insight drive me to help others find their way, and I'm passionate about making a positive impact.

I look forward to contributing to the Yep! programme and supporting our participants on their paths to employment. I'm eager to bring my experience and dedication to the team and to those we serve.

Max

We can then help you to:

- Explore work and training options
- Build your confidence
- Develop your skills
- Find local work experience or volunteering opportunities
- Create a CV
- Apply for jobs
- Practice for interviews

Our appointments can be face to face or virtual, depending on your needs.

We also have a flexible fund that we can access to purchase things that could help you gain and keep employment, such as interview clothes or tools.



COLLABORATION <



Over the spring we have worked collaboratively with Plymouth Argyle, CSW Group, RJ Working and Cornwall EBP. We have met with Plymouth Argyle to learn more about their provision to see if we can internally refer young people on to their provision and generally work together. Caitlin was able to update us on the functional skills offer and also their general project delivery. We have met with RJ working to understand their offer and since then have made a referral and spoke about referrals for 2 other young people. We have also referred to EBP so that some of our young people can receive 1 to 1 support for engaging with employers. Finally, we also attended the CSW Group advisor team meeting where we delivered a knowledge share session on how we work with people experiencing poor mental health. We have also continued to refer to the Active Plus confidence and motivation course..

Our small team of 2 advisors have worked intensively with 30 young people so far. The focus has been on supporting these young people towards vocational outcomes whilst also supporting them with their mental health. We find that if we are able to engage with the young person at the 1st meeting then we will generally be able to build a trusting and meaningful relationship with them which is fundamental to helping them to progress. Our advisors always work in creative ways and are embedded in the communities across Cornwall, building links with employers and places of education. In the last quarter this has enabled 3 of our young people to move in employment and 3 to begin courses.



Jonathan Mutton Project Manager 07738547088, Alannah Angilley Young Peoples Advisor, Erica Uren Young Peoples Advisor, Mel Miles Project Administrator

'Before I started working with Pentreath I was very anxious and didn't have much motivation to move on with my life.

Erica really helped me overcome my anxiety, I think the meetings outside of my house in a public environment really helped me tackle the anxiety of leaving the house and meeting new people.

I am now doing my maths entry level 3 and going to start my English level 2 in September while being a single mum to 2 children. I really enjoy doing my maths and I feel very positive and motivated about my future now.'



Pluss offer 1:1 support for young people who have a learning disability or difficulty moving forward into employment, education, or training



Pluss Me group sessions include

Interview presentation skills

Successful failing

Interview skills

Healthy living Transferable skills

Workplace Expectations

Health & Safety

Numeracy upskilling

Stress awareness

Job, volunteering, and training searching

Good News Story

D barely left the house before joining Yep! with partner Pluss. He suffers from ADHD and lacked confidence and motivation. He has been out of education since 2021 and out of work since 2019.

Through the 1:1 sessions with Community Coach Jon, D has built trust, and they often go for walks locally for 2 or 3 miles, which has had a positive impact on his mental health. Just having someone to genuinely listen and give guidance about the barriers he faced and the opportunities he could explore has made a real difference to him. Although he does not feel ready for full-time work yet, D is starting some work experience at a garden centre which is perfect as he has an interest in plants and nature.

He now feels more motivated and has signed up for and completed online training which included a video call, which was out of his comfort zone, but he did it! A measure of how far he has come.



"Over the past 3 months, I have been working with Jon from Pluss with the intention of helping me progress in my career and ultimately become more confident in finding new opportunities in employment. I lacked motivation and was anxious about taking the steps to achieve my goal of getting employed, but I feel that with Jon's help, I have started to overcome these barriers. I was always adamant that learning wasn't for me, however, after talking to Jon, I decided to partake in the 'DCC, Cybersecurity, and Digital and IT Skills' (B2W Group) course. After 3 weeks of

partake in the 'DCC, Cybersecurity, and Digital and IT Skills' (B2W Group) course. After 3 weeks of studying every day, I can say that I have completed it. I feel accomplished and more confident that I am actually able to do something such as studying which can open new opportunities for me in the future.

I have also been given the opportunity to begin work experience with a Garden Centre, which starts in early June. I'm really looking forward to this as I love plants and nature so it's the best possible outcome for me! I feel like I'm going down the right path now and leaving my comfort zone." D

"It's a pleasure to see D's confidence develop, as when I first started to work with him, he lacked any self-belief, and he would often make excuses for not moving forward. He now seems to have turned a corner and is taking himself out of his comfort zone.

D is incredibly capable, and I believe once the right opportunity presents itself, he will make the first steps to an exciting career." Jon Berry (Pluss)



The RJ Working team delivering at Truro & Penwith College



As the summer term draws to an end we are reflecting on all that we have learnt through running our Restorative Engagement Programme with young people in FE Colleges across Cornwall. Since January we have delivered the programme in Cornwall College at the St.Austell, Rosewarne and Camborne Campuses, at both Truro and Penwith Colleges, and Callywith College.

The programme is run over 6 weeks and offered to young people aged 16-24 who are at risk of disengaging from education. Through group discussions and creative activities, we explore together strengths and motivations. We also share Restorative Approaches which support young people to navigate tricky situations and relationships, and to deal with conflict. These skills are transferrable and support teamwork and leadership both at college and in the future workplace.

In a recent cohort of the REP programme, we worked on ways to use Restorative Practices to resolve conflict. One participant said that the work was so useful to them and their group that they felt we should run this programme with the entire college. Their teacher also reported that there was conflict between a member of this group and another student, and participants of our group worked together to resolve the conflict using Restorative methods meaning that the conflict did not escalate, and everyone was able to move on from the disagreement. The aim of this programme is to support young people in staying in college by building these skills, as well as preparing them for the workplace where they may also come across conflicts they need to manage.



others."

At the end of a recent programme, participants reported the following:

"I have learnt about problem solving and not running away from problems and conflict."

" I now feel more positive about myself and feel more confident."
"The sessions have helped me think about not making assumptions
about other people and not judging people and feeling able to help

"I have made connections and a good friend while in this group."



We have a regular group of young people who come in to the weekly drop-in at Liskeard Library and they have done a wide variety of things including driving theory, cooking, VR, job search and applications.

We have had an incredibly busy few months and have met so many brilliant young people. Our Pathways Coordinators have been out across the county, working 1:1 with young people and also delivering a wide variety of sessions including driving theory training, job hacks, 360 filming, interview skills and hospitality academies.

A recent hospitality academy in Penryn included employability skills, barista training with Yallah Coffee and interviews with a new restaurant that has just opened, with half the group being successful at gaining employment. The barista training proved really popular and feedback from both the participants and the trainer was really positive.



9 participants from Yep! took part in our Digital Natives course, which is part of the SPF Digital Futures – they learnt a huge variety of digital skills, produced some really creative social media content in response to real-life briefs and met some innovative employers to find out more about how to get into industry and the wide range of roles available. A number of participants have volunteered at the library since being on Yep! supporting the staff with children's holiday workshops in Lego Robotics, Microbits and VR.

DIGITAL NATIVES

Up and coming workshops: contact paul@realideas.org for dates and locations

- 360 film making
- Introduction to VR
- Canva content creation

"Yep! has been immensely helpful in my personal development for career options, new skills and has been so fun. It was exciting to learn new skills while also being out of an educational environment. I didn't do so well in a school based setting, and I gained a lot of experience and confidence through this project. Everyone I met was lovely and the navigators are absolutely incredible people to get to know and be around." Jacob



We launched our Orchard Wellbeing sessions as part of the Youth Engagement Project after the Easter Holidays. We have just completed our first half term block of these sessions and have been really heartened by the engagement and feedback we've had from the young people involved. We have had 8 different people join in with these sessions and activities have included mindful walks, grounding exercises, planting and transplanting seeds, foraging and harvesting, making herbal teas, planning and cooking a healthy home-grown lunch, making wildflower seed-bombs, pressing flowers and decorating plant pots.

The group have worked so well together, and we've witnessed them all grow in confidence, social skills, develop teamwork, and support each other with any anxieties, questions, and learning. This has been really inspiring and encouraging to be a part of and it's been amazing to get so many positive comments from the group.

Feedback



"it's a release...there's nothing I don't like"

"learned to make tea out of herbs, make pesto from plants and plant more stuff than I knew I would"



One young person told us that prior to these sessions she was staying in bed all day, rarely going out but is now excited each week to come along to the sessions. She said the sessions have helped her to cope, manage stress, to get outside and be in nature to relax and focus. She told us that the sessions have improved her sleep, decision making and mood and she particularly benefits from the slow pace and extra processing time accounted for.

YOUNG

We have a variety of opportunities to offer Young People aged 16-24, who are not in employment, education or training (NEET) or are at risk of becomin so, have special needs (SEN), or are in other vulnerable groups.

All of these opportunities are accompanied by 1:1 mentorship to help participants settle into Newquay Orchard and get where they wold like to be in th future.

FIND OUT MORE:

https://newquayorchard.co.uk /young-people/

CONTACT OUR TEAM:

info@newquayorcard.o.uk

01637 877182

YOUTH VOLUNTEERING

Half-days of horticulture & gardening experience on our beautiful land. These groups run alongside our adult volunteering groups and include a free lunch.

WEDNESDAYS

ORCHARD WELLBEING SESSIONS

Connect with nature and other young peple in these wellbeing focused outdoor sessions, followed by a free lunch.

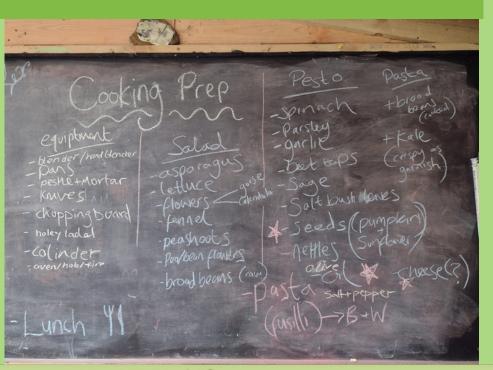
FRIDAY 10-12:30

ICONIC WORKSHOPS

Workin alongside a Unviersity backed research project, ICONIC, these workshops will focus on developing and creating a social video game with an ecological edge.

LAST FRIDAY OF THE MONTH

Another said they'd particularly enjoyed the cooking session and doing things they've not done before like learning to press flowers. One person reflected that they like that it was "very chilled and helps with mindfulness. I've learned that being grounded can be calming as you can use that to sense different things. It has helped to keep a positive mindset anywhere you are at".



ARE YOU AGED 16-24?

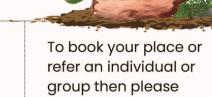
ORCHARD WELLBEING SESSIONS

AT NEWQUAY

ORCHARD

FREE WELLBEING SESSIONS 10:00-12:30 Every Friday, followed by a free lunch.

- Meet new people, develop confidence, resilience, wellbeing & have fun!
- Connect with others, in nature.
- Reap the benefits of being outside in our beautiful garden.
- Learn how to grow vegetables & cook what you have grown.
- Improve focus & achievement, remove barriers to progression & develop life skills.



- info@newquayorchard.co.uk
- 01637 877182

contact:

https://newquayorchard. co.uk/join-us/

Get in touch and come in for an informal chat, site visit or let us know if you'd like us to visit you.



We will continue to run our Orchard Wellbeing Sessions, followed by summer activities. These sessions are on Friday mornings 10-12.30 followed by a free lunch at Heart and Soul Café. Our next sessions will include mindful photography, building biodiversity ponds and bee hotels, cooking, seasonal gardening tasks and employability skills. We still have spaces in these sessions for anyone who may like to get involved. We also have opportunities for work experience, volunteering and adult education which people can progress onto.





We can support you with employment, education, or training!

☑ Age 16-24

☑ Live in Cornwall or Isles of Scilly





www.cswgroup.co.uk/yep or freephone 0800 975 5111



This project is aimed at disadvantaged young people who are not in education, employment, or training (NEET) or are at risk of NEET





















Yep! #YouCan

Building confidence, resilience and competence of Young People together









