

# Yep! NEWSLETTER SPRING 2024



## Yep! #YouCan



### Launch Event 26/2/24 @Newquay Orchard

A great buzz with over 90 people attending that work with young people. Yep! is set to be the go-to project for young people in Cornwall and the Isles of Scilly, collaborative, innovative support for those aged 16-24 not in employment, education, or training (NEET) or at risk of NEET

This project is part-funded by the UK Government through the UK Shared Prosperity Fund. Cornwall Council has been chosen by Government as a Lead Authority for the fund and is responsible for monitoring the progress of projects funded through the UK Shared Prosperity Fund in Cornwall and the Isles of Scilly

## Yep! Partners



A young person, parent or professional supporting a young person can make a referral to Yep! via our website. (Please ensure you have the young person's permission before making a referral on their behalf.)

Find out more and make a referral at

<https://cswgroup.co.uk/home/young-people/yeah/>



Active Plus delivers a series of confidence, motivation and resilience courses for Young People across Cornwall and IoS. The courses will be led by our experienced team of military veterans as they support the Young People to overcome barriers, embrace change and develop self-belief.

### Feedback from session in Bodmin

Rating the course, lowest = 1 and highest = 5  
Did you enjoy the course? Three chose 5, two chose 4

How would you rate the training and Instructors? Five chose 5

Did you enjoy working as a group? Two chose 5, two chose 4, one chose 3



### Feedback from session in Bodmin

If you were telling someone about this course, what would you say?

“I would say it’s amazing and it builds up your confidence. I had an amazing time! Go give it a go!”.

“It’s an absolute amazing course and would recommend them doing it”.

How did you find the final presentation? How did you feel?

“I felt a little nervous, and in general felt I was going to be incompetent, but I realised that I was more prepared than I thought I was, increasing my confidence a lot”.

## Upcoming Confidence & Motivation Courses (16-24 years)

### Bude

Introductory session

When: Tuesday 2nd April, 10am – 12pm

Where: Parkhouse Centre, Ergue-Gaberic Way, Bude, EX23 8LD

After introduction, held over 4 weeks, starting 9th April

When: Tuesday Mornings 10am – 1pm

Where: Parkhouse Centre, Ergue-Gaberic Way, Bude, EX23 8LD

### St Austell

Introductory session

When: Friday 5th April, 10am – 12pm

Where: Polkyth, Carlyon Road, St. Austell, PL25 4DB

After introduction, held over 4 weeks, starting 12th April

When: Friday Mornings 10am – 1pm

Where: Polkyth, Carlyon Road, St. Austell, PL25 4DB



ARGYLE  
COMMUNITY  
TRUST

“The future belongs to those who learn more skills and combine them in creative ways”

Robert Greene

- 7 week Employability/Sports Leadership Course
- Send 16-19 provision
- 1:1 Mentoring

Through the Yep! project, we are currently supporting a group of students with EHCPs at Bodmin College.

As part of our provision, we deliver an enterprise workshops where the participants have to create a business model for a smoothie business.

This workshop builds skills in ...

- Marketing
- Attracting Customers
- Financial Capability
- Teamwork
- Food Health



#Bude#Bodmin#Saltash/Torpoint#Launceston#Newquay#Penzance#Redruth

**'We are delighted to be up and running on Yep!'**

Mandy Jackson, Youth Work Manager CIAG  
 Also pictured, Liam covering the East of Cornwall and Laura covering the West of Cornwall



As well as working on a 1:1 basis our keyworkers can introduce the young people that they work with to the exciting groups that Carefree also have -

Our music group have been singing some tricky songs including Bohemian Rhapsody (no one warned them how high this song is!) and ended the session with a sound bath, using chimes to create some beautiful relaxing sounds to calm everyone.

Our group meeting at Eden focussed on colour last week. The young people managed to capture all of the colours of the rainbow in their photographs. They then looked at which colours are associated with different feelings.



We have a new series of group sessions starting after Easter that everyone is looking forward to. Laura and Liam will go to groups with the young people on Yep! until they are settled in and enjoying making new friends.

**Hello from Cornwall Education Business Partnership!**

I'm Lisa Neville and I manage EBP. I started here as an Education Projects Officer many moons ago and I still love it. I so enjoy working with young people and doing my little bit to help ease them along their way to find their path, as I found mine. I was a NEET for a while after school. I dropped out of college while my home life was going through a rough patch. I had no plan, no direction, felt lost. But then I went on the Youth Training Scheme YTS! in the 80s which turned my life around and put me on a positive path that eventually led me... Here with all you lovely, dedicated and inspirational people!

**Let me introduce you to our newest recruits to the EBP team**

Jane Cornelius, Jo Ledger, Julie Tully, Tim Hunt and Gavin Beresford and are all looking forward to working together with all the YEP! partners. You may have worked with one or more of them before in their different previous roles. Jane joins us from Whitehead Ross and when she's not working she loves to get out on the water paddle boarding or cycling the trails.



JO: YEP ON TOUR

Jo was the careers leader at Sir James Smith's School. She spent her early career in the Navy which she said was the best experience ever. She can more often than not be found cheering herself hoarse for Exeter Chiefs at Sandy Park.

Julie joined the team from We Are With You. If you spot someone covered in mud while you're out in the great Cornish outdoors, there's a good chance it's Julie. So if you seen these pups, you know she'll be up a Carn or tree, nearby.

Tim joins us from the University of Exeter and worked at Newquay Orchard before that. His happy places are live music, travel and surfing. When I asked him what his favourite surf spot was, he said - and I quote - "If I told you my fave surf spot, I'd have to kill you". He didn't tell me, so I'm safe

Gavin is EBP's Business Support Officer and our very own superhero. Which is apt because he's a huge fan of Marvel ... and what he doesn't know about Lego isn't worth knowing!



EBP people are working with employers to champion YEP! Seeking out and creating new work-based opportunities for young people that are looking to get into work. Jane, Jo, Julie and Tim are looking to generate work placements, taster days, apprenticeships, supported internships, employer-led sessions and more to help young people being supported by all YEP! partners. We're also delivering in-work support for young people with SEND or SEMH, that might need a little extra help getting started in the world of work. We're looking forward to getting to know everyone and collaborating with all the Yep! Partners to help young people into employment.

Working across Cornwall, our skilled and experienced CSW team of Key Workers and SEN Support Advisers, will provide 1-1 individualised support, to guide and enable our young people to gain the skills required to progress and take the next step forward. Working collaboratively within the Yep! partnership, along with outside specialist services, this support will be tailored to the needs of the young person, ensuring that they are linked in with the right provision at the right time to aid their progression.



**Nikki Speer,**  
Team Leader



**Chris Greaves Stocker**  
East Cornwall



**Jane Bray**  
West Cornwall



**Kerry Shelford**  
North Cornwall



**Olivia Duncan**  
South East Cornwall



**Eileen Denning**  
Mid Cornwall



**Susie Varney**  
West Cornwall

### SEN Support Advisers

### Key Workers



Photo credit: Peter Blyth, Active Plus



## COLLABORATION



Our collaboration within the Yep! partnership has begun with inter partner referrals to Active Plus for six of our participants to link in with their confidence and motivation course in Bodmin, with five of our participants fully completing the course; gaining a wealth of skills through the expertise of delivery from Pete and Rob. We have loved receiving the weekly report with updates on the sessions which have included participant feedback. It was also great to attend the final session to see the progress our participants had made 😊



### Joanne Cayless: Employment and Opportunities Adviser

“I have had a really positive start to the Yep! project, where I have been working on building relationships with local community centres, colleges and charities. It’s great to be working as part of a supportive network. Our delivery offers 1:1 support for participants ensuring they receive the help they need to reach their goals, whether it’s work, education or training.

I’m currently working with a young person to help them find work to support their short-term goal of learning to drive, so they can then gain work across Cornwall in the construction industry. Their longer term goal is then to find a trade where they can gain qualifications. Another young person I am working with is hoping to start college in September to eventually become a HGV mechanic. We are working to help him find some local work experience to help build his confidence and boost his CV, as well as supporting him to apply for college.

I am looking forward to continuing to work with young people across the county!”

Pentreath are delighted to be involved in the Yep! project as the specialist delivery partner for mental health and emotional wellbeing, for young people aged 16 – 24. Our friendly team of advisors will generally be providing 3 – 4 months 1:1 bespoke intervention, with a view to supporting the needs and aspirations of the young people on our caseload. The exact contents of support will vary according to need but will always be flexible, supportive, motivational and fully aligned with the young person's wishes.



Jonathan Mutton Project Manager, Alannah Angilley Young Peoples Advisor, Erica Uren Young Peoples Advisor, Mel Miles Project Administrator

We have had a very busy start to the project so far and currently have 20 young people accessing our provision across the county. Examples of the things delivered so far include linking young people in with other services such as supporting access to GP's, Work Coaches at Jobcentres, We Are With You workers and working with community groups such as the Eden Project Wellbeing Garden. We have also been working closely with education providers and employers to create pathways from Yep! provision into something meaningful for the future. This has been very 'hands on' and has included site visits to employers and colleges as well as to community provision.

➤➤➤ COLLABORATION ◀◀◀

This month we teamed up with Active Plus whose delivery staff ran a session for us to help give us a flavour for what they deliver to young people. Being a participant for a day really bought things to life and gave us a brilliant insight into the confidence and motivation courses run by Active Plus and this will enable us to encourage our young people to attend future courses. Thank you Active Plus !



Statistic – 1.5 million people in the UK have a learning disability, of which approximately, 1.3 million live in England. 2.16% of adults in the UK are believed to have a learning disability, in comparison 2.5% of children in the UK are believed to have a learning disability – taken from Mencap's website, [How Common Is Learning Disability In The UK? How Many People Have A Learning Disability? | Mencap](#)

At a Pluss Me session in Camborne ML and others were taking part in the interview presentation session. This included creating a vision board on how to dress for an interview, as well as participating in a team building exercise where he made an interview outfit out of newspaper.



We have had Pluss Me sessions also being delivered in St Austell, at CN4C's Bank premises. Across both cohorts we have young people engaging, and so far, they have taken part in sessions focused on mindset building, transferable skills, healthy living, which saw Healthy Cornwall come in and deliver a session on healthy eating and a balanced diet. Other sessions have been focused on wellbeing, where our young people have made pillow spray and stress putty, as well as engaging in a session focused on numeracy. The current cohorts run until 26th April in Camborne and the 22nd April in St Austell.

Our next Pluss Me cohort, will commence on the 15th May 2024, and will run for 12 weeks, at the Camborne Community Hall, from 12 noon – 4pm, every Wednesday. These sessions are for individuals with learning disabilities or difficulties. For more information, contact me [peter.foster@pluss.org.uk](mailto:peter.foster@pluss.org.uk) or 07741 729 968

**RJ Working works across Cornwall using the Restorative model to tackle inequalities among young people. Restorative Practice supports their teamwork and social/emotional development. As part of the YEP! Partnership, we offer Restorative Engagement Development groups at FE college sites throughout Cornwall, supporting young people who are struggling - either socially or with attendance - and at risk of disengaging from education or exclusion.**



**The programme runs for 6 weeks and involves weekly group meetings. So far, 24 young people have completed the Restorative Engagement Programme as part of YEP! We are excited about being part of the partnership and look forward to sharing further success moving forwards.**

## REAL IDEAS

**Our Liskeard Library weekly drop-ins have been popular and these continue to run every Wednesday – the group have been exploring VR, Ikigai, 1:1 personal development sessions, opportunity hacks and taken part in some cooking sessions**

**8 young people from YEP started on a Digital Natives programme as part of the Digital Futures programme. The first 2 days have been really positive and one participant has decided they would like to come along and do work experience on the Home Education Microbit sessions that Real Pathways are running from Liskeard Library.**



**2 participants have secured roles with Flambards and a participant in Truro has secured a full-time youth worker role with Carefree.**

**Driving theory courses are proving really popular and we've had one early pass from a Penryn participant. Other Truro, Penryn and Redruth participants are being entered for theory tests over next couple of weeks, so many more passes are expected in the coming weeks. Attendance and engagement during the sessions has been really positive and the participants are showing great motivation.**



### Drop in sessions:

- Truro JCP: TBC
- Penryn – 26/03/2024
- Krowji (Redruth) - 12/4/24 & 19/4/24
- Liskeard – every Wednesday (11 – 1)

Newquay Orchard is gearing up for delivery with our first cohort of young people ready to dive into their next stage of learning. We have some exciting sessions lined up and our team have been excitedly preparing fun activities, nature based lesson plans, and support opportunities to engage and enhance the learning experience.

## What's Happening

**Youth Volunteering - Wednesdays 10-12.30 and 1.30-4**  
Come and enjoy the benefits of being in the great outdoors while helping us to grow food for yourself, the community and our café. Enjoy connecting with other volunteers and receive a free lunch in our café!

**Nature Connection Groups - Fridays**  
Our Nature Connection Sessions focus on using nature to improve emotional wellbeing, develop confidence, competence, and resilience. Come and develop your growing skills alongside activities such as mindful walks and talks, nature inspired crafts, campfire drinks and cooking.

**1:1 Mentoring**  
Get 1:1 support and advice around wellbeing, securing benefits, housing, education, next steps, finding work, courses or anything else you may need support with!



**Growing Futures Open Days on 3rd April and 19th April 10-1**  
Join one of our Education open days to meet our wonderful team, get involved in some fun activities and find out more about everything we have on offer and how you can benefit. Contact us on [info@newquayorchard.co.uk](mailto:info@newquayorchard.co.uk) or call us on 01637 877182 for more information or to secure your spot.

### Grown CSA

Newquay Orchard also offer volunteering opportunities at Grown – our very own Community Supported Agriculture at Fentenfenna Farm. We offer real life work experience in our market garden and Adult Education courses for people aged 19+, learn horticulture skills, where your food comes from, nutrition and take home your very own fresh veg from the garden!

Visit our website [www.newquayorchard.co.uk](http://www.newquayorchard.co.uk) to find out more

## Yep! Launch



Chris Saxby  
Managing Director  
CSW Group

## Well it was National Pasty week!

Our thanks to Newquay Orchard for hosting the event, the Heart & Soul Cafe for delicious coffee and snacks, and Niles Bakery for the pasties

# We can support you with employment, education, or training!

- ✓ Age 16-24
- ✓ Live in Cornwall or Isles of Scilly
- ✓ Unemployed



[www.cswwgroup.co.uk/yep](http://www.cswwgroup.co.uk/yep) or  
freephone 0800 975 5111



This project is aimed at disadvantaged young people who are not in education, employment, or training (NEET) or are at risk of NEET



## Yep! #YouCan

Building confidence, resilience and competence of Young People together



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