

Good News



George was referred from Jobcentre Plus in Plymouth. Previously he had worked in youth and support work. George struggled with mental and physical health issues which also meant that he struggled with his motivation and confidence.

George wanted to boost his confidence and improve his mental health whilst finding meaningful employment. George completed a City & Guilds Employability course. This gave him up-to date skills around how to present himself to employers, interview skills, communication skills and appropriate behaviour.

We supported George to attend various support such as:

- An LGBTQ + group
- Job search group
- Job fair

George boosted his confidence through one-to-one mentoring which supported him with some of his difficulties in a safe place. This increased George's ability to work with others whilst supporting him to have a better understanding and awareness around his mental health and sexuality. Links to the LGBTQ+ community removed George's isolation and inability to express his difficulties to his peers.

George successfully moved into a work placement with Marks and Spencer. He has begun his first steps back into meaningful employment. George feels the main gains that he has made are around his confidence which has supported his mental health which has improved and he has started to be happier and more able to return to work. It has also been important for him to explore his sexuality and gender. He feels that he would return for other courses that Groundwork South are commissioned to run in the future.

The Skills for Young People project that supported George and is open to participants aged 15-24 who are at risk of or, not in education, employment or training (NEET). The project works within the Devon, Dorset and Somerset areas.

A typical learner journey for young people consists of:

- An Initial Assessment supported by individual learning plan
- A range of learning activity both accredited and non-accredited
- Progression into a range of sustainable outcomes: Employment, volunteering, traineeships, apprenticeships, education and in work progressions.

Contact the team today skillssupportteam@cswgroup.co.uk

